

## **Jeffon Seely's Bio:**

Jeffon Seely is a senior consultant, transformational speaker, and workshop facilitator. Mr. Seely speaks about subjects that are at the forefront of our thinking and is a highly recognized leading resource in the field of Diversity and Inclusion, Millennials, Mindfulness, and Leadership. His consulting firm specializes in programs involving mindfulness, inclusion and the evolving role of Millennials and the 2020 Generation. Mr. Seely has an in-depth understanding of the process of organizational transformation in response to rapid, and continuous changes that are occurring in the 21st Century.

Mr. Seely's global travels and presentations have provided knowledge of how to create culturally compatible living and working environments. He has worked with over 150 organizations and is affiliated with Innovations International, a global firm with over 30 years of experience with Fortune 500 businesses specializing in diversity, inclusion, leadership, and engagement. Mr. Seely has worked with NASA in identifying and putting into practice the Crucial Leadership Competencies for the 21st Century. He has assisted Sanford Health and Blue Cross and Blue Shield, teaching regional leaders how to lead and advocate diversity and inclusion within their organizations and teams. He is a trusted facilitator with the United States Army and Air Force working with Adjunct Generals and Chief Master Sergeants helping the military bridge generational differences between leaders and soldiers while creating a culture of inclusion. In addition to working with government agencies, Mr. Seely has assisted major corporations, non-profit organizations, and academic institutions across America with innovative strategies to integrate mindfulness, inclusion, and the evolving generations into management and leadership roles. Mr. Seely has facilitated empowerment, mindfulness, meditation, generations, and engagement training courses to all levels of organizations across several industries.

He is a frequent contributor to news organizations, podcasts, blogs, and is a TEDx speaker. In addition to the work he does with corporations, nonprofits, government and academic institutions, Mr. Seely leads personal development courses and presents transformational speeches to public audiences across America through keynotes, seminars, retreats and open forums. He is committed to dissolving barriers that prevent organizations from reaching levels of exceptional performance and is dedicated to helping individuals break down internal barriers and reach their potential.

## **Jeffon Seely's Introduction:**

Jeffon Seely is a senior consultant and transformational speaker. Mr. Seely is a recognized resource in the field of Diversity and Inclusion, Generations, Mindfulness, and Leadership. He assists major corporations, non-profit organizations, government and academic institutions with innovative strategies to bridge generational differences, create a culture of inclusion, and empower leaders to create a culture of exceptional performance. He is committed to transformation and dedicated to influencing each person he comes into contact with to not only recognize their potential but to realize it. Some of the businesses Jeffon has served include the Home Depot, United States Airforce, NASA, BlueCross and BlueShield, Kroger, the National Guard, Sanford Health, Children's Hospital of Atlanta, the State of North Dakota Health and Human Services, and many others.