

# Jeffon Seely

Transformational Speaker & Workshop Facilitator

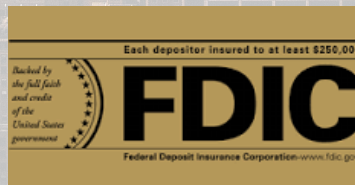
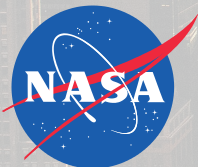


## Topics Include:

- Millennials & Generations
- Diversity & Inclusion
- Mindfulness/ Stress Reduction
- 21st Leadership Competencies
- Workplace Engagement
- Mental Health & Well-Being

Jeffon Seely is a senior consultant, transformational speaker and workshop facilitator. Mr. Seely is a highly recognized leading resource in the field of Diversity and Inclusion, Mindfulness and Leadership. Although rather young, a Millennial, he has had his own consulting firm for more than 10 years, specializing in programs involving mindfulness, and the evolving role of Millennials and the 2020 Generation. He has assisted major corporations, non-profit organizations, and government and academic institutions with innovative strategies to integrate mindfulness and the evolving generations into management and leadership roles. Mr. Seely has facilitated diversity, inclusion, empowerment, mindfulness, generations, and engagement training courses to all levels of organizations across several industries. He also presents transformational speeches to audiences through keynotes, leadership seminars, retreats, and open forums.

## Some of Jeffon's Clients:



Booking Information

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